

### TRAINING EVENT

Friday 20th March 2020

\*\*Limited Places— Book now to avoid disappointment \*\*

## Using Art as A Reflective Tool Led by Sarah Parker —Art Therapist Friday 20th March 2020 1-4pm

The Bungalow Partnership, Rose Wood Academy Site, The Garth, Coulby Newham, Middlesbrough TS8 OUG

Learn about the value of using art as a reflective tool with our interactive workshop. The workshop is experiential, allowing participants to engage in art activities that they can utilise to help unblock thought processes and gain clarity and direction. The activities are for both personal use and use with clients and staff that you may support.

#### This training is for you if you want to ...

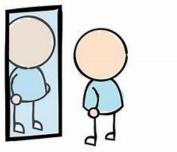
- Explore a range of art making, visualisation and breathing activities that help you/ clients gain clarity and improved reflection.
- Understand how art making activities, alongside other reflection techniques, can support you to reflect on something that is challenging or leaves you feeling stuck in someway.
- Engage in discussions about the activities and how they can be used within your individual settings and in your own personal and professional lives.

Please note that this workshop will involve the use of art materials. Please dress accordingly to be able to fully immerse yourself in the art making experience.

£60.00 per delegate

To book a place please contact The Bungalow Partnership.

thebungalowpartnership@gmail.com



This training is in high demand and places are limited so book early to avoid disappointment.

Focused solutions produce big smiles!



# TRAINING EVENTS BOOKING FORM

### **CONTACT DETAILS**

| Name of School:              |                                       |  |
|------------------------------|---------------------------------------|--|
|                              |                                       |  |
|                              | Email:                                |  |
| Contact:                     | Position in School:                   |  |
| Authorised by:               | Signature:                            |  |
| TRAINING EVENTS £60.0        | O per delegate including refreshments |  |
| Using Art as a Reflective To | ool 20th March 2020 1-4pm             |  |
| DELEGATES                    |                                       |  |
| Name                         | Email :                               |  |
| 1                            |                                       |  |
|                              |                                       |  |
|                              |                                       |  |
| TOTAL COST £                 |                                       |  |

### Please return completed booking form to:

The Bungalow Partnership Rose Wood Academy The Garth Coulby Newham Middlesbrough TS8 0UG

Tel: 01642 595363

Email: thebungalowpartnership@gmail.com

