



## THE BUNGALOW PARTNERSHIP UNDER NEW LEADERSHIP

As you may know Marie Blythe, Accredited Play Therapist was appointed Director of The Bungalow Partnership from January 2018. Marie who is our Therapeutic Lead, has been supporting children, young people and families for over 18 years and has been with the Partnership for 5 years having previously worked for Barnardo's Bridgeway Project. Marie has a wealth of knowledge, experience and a passion for supporting children and their families.



Marie's aim is to ensure that the integrity and ethos of the Partnership remains the focus of all we do and will be working hard to further develop our responsiveness to an ever changing social climate. Marie is currently reviewing the therapeutic support we can offer to schools and hopes to visit each of our schools to meet staff, explore how you have experienced the Partnership, learn about your needs as a school and consider ways in which we can respond to these. With this in mind Marie is looking to increase the options in our Service Level Agreement in order to offer schools a more bespoke therapeutic support package from September 2018, whilst continuing to offer a wide range of training programmes for school staff led by experienced practitioners and specialists.

Marie likes a challenge and is going to be busy! However, Marie has an amazing and very loyal and compassionate team who are more than willing to support her and will grow and thrive under her leadership. Happy days!



### THERAPIST SPOTLIGHT

**Congratulations** to Sarah Atkinson, Child and Adult Therapeutic Counsellor, who has been appointed Deputy Director and Placement/Volunteer Co-ordinator from March 2018.

Sarah, who has been with The Bungalow Partnership for nearly 4 years, is a skilled Counsellor and experienced in supporting children and young people impacted by bereavement. Sarah has also supported children at Barnardo's and in her private practice. Sarah is a valued member of our organisation and is well known within many schools across Stokesley, Middlesbrough and Stockton.

As Deputy Director Sarah will provide support to the Director regarding operational and procedural matters, whilst also assisting in the promotion of the service we offer. Sarah will also co-ordinate our student and volunteer Counsellors, Psychotherapists and Social Workers with us on placement from the many universities we work in partnership with.

### FREEMASONS SUPPORT THE BUNGALOW PARTNERSHIP

Having learnt about the therapeutic and counselling service we provide to children, young people and their families, the Freemasons have very generously contributed to our cause.



In January we were delighted when the Saltscar Lodge of Redcar Craft Lodge of Masons donated £500.00 and even more amazed when in February the Province of North and East Yorkshire Mark of Masons donated £1000.00 to our cause. We couldn't be more grateful for their support.

This money will be used to extend the therapeutic offer we make to children, young people and families across the Tees Valley.

## CONGRATULATIONS

**Newport Primary School** received a very positive OFSTED this term! A just reward for the commitment of the leadership team and staff at Newport who all work tirelessly to ensure that every effort goes into giving their pupils the opportunity to thrive and develop into confident role models who contribute to society. They also ensure that there are varied strategies and systems in place to help vulnerable families within the community, which are having a positive effect. **Well done Newport.**

**Mill Lane Primary School** also received a 'Good' Ofsted report this term. The Headteacher and new leadership team provide a strong programme of training for staff, a well designed and diverse curriculum to ensure effective support, good progress and outstanding personal development. Safeguarding in the school has a high priority and pupils feel safe. The school's focus on developing pupil's values is embodied in the excellent way they conduct themselves. Pupils consistently display positive attitudes and an eagerness to improve themselves. **Well done Mill Lane.**

## SUMMER TRAINING EVENTS : £50 per delegate

*Helping Children & Young People to Regulate Their Emotions: Lucy Hargan : Thursday 17th May 2018*

*The Impact of Domestic Violence on Children & Young People: Marie Blythe : Thursday 7th June 2018*

*Sand Tray Work: Marie Blythe : Wednesday 27th June 2018*

Full details and booking forms will be emailed to schools and on our website after Easter.

## CARE TO SHARE

All Therapists know the importance and value of their regular supervision time. A space where they can share how they feel, how their clients feel and gain support in exploring ways forward for their clients.

At The Bungalow Partnership we know just how much Pastoral Staff, SENCOs and those with LAC responsibilities take on, each and every day. The emotional impact of this can be emotionally draining for the staff involved and can even impact on staff sickness levels.

We are therefore developing our **Care to Share** service, where schools can commission emotional wellbeing, supervision support for their staff. This can be in the form of a weekly/fortnightly drop-in sessions or alternatively individual support for targeted members of staff. If you are interested to hear more please contact us at The Bungalow Partnership. Our **Care to Share leaflet** is available to download from our website.

## ART THERAPY—what it is and how it works

**Art Therapy** is a form of expressive therapy that uses the creative process of making art to improve a person's physical, mental, and emotional well-being.

The creative process involved can help people to resolve issues as well as develop and manage their behaviours and feelings, reduce stress, and improve self-esteem and awareness.

**Art Therapy** can provide children with an easier way to express themselves since children are more naturally artistic and creative. A young child is likely to be more comfortable initially expressing themselves with some crayons and markers, for example, than they are going to be at expressing emotions and feelings through words.

Through **Art Therapy**, children receive treatment that is based on their existing strengths, weaknesses, interests, and concerns. It can help children of all ages and races. **Art Therapy** can be used for counselling, healing, rehabilitation, psychotherapy, and in the broad sense of the term, it can be used to massage one's inner-self in a way that may provide the individual with a deeper understanding of him or herself. It is through this process that the individual really begins to see the effects of art therapy and the discoveries that can be made.



## THE BUNGALOW PARTNERSHIP NEW WEBSITE

You may be aware that our website crashed back in October 2017 which was very inconvenient!! However, we now have a new website so please feel free to explore it at [www.thebungalowpartnership.co.uk](http://www.thebungalowpartnership.co.uk) If you can't find what you are looking for then please let us know.