



THERAPEUTIC MENTORING

Therapeutic Mentoring offers structured, one-to-one, strength-based support services between a therapeutic mentor and a child for the purpose of addressing communication, daily-living, and social needs.

Mentoring can be provided in any setting i.e. school or the home.

Therapeutic Mentoring services include:

- Coaching, supporting and training in age-appropriate behaviours
- Interpersonal communication, conflict resolution, problem-solving, relating appropriately to other children, adolescents, and adults in recreational and social activities.

These services help to ensure the child's success in navigating various social contexts, learning new skills and making functional progress.

The Therapeutic Mentor offers supervision of such activities and engages the child in discussions about strategies for effective handling of peer interactions.

Bungalow mentioned in OFSTED Inspection

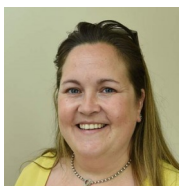
Congratulations to St Bede's Catholic Academy who achieved 'Good' in their OFSTED Inspection in October 2016. The OFSTED Inspectors took a great deal of interest in the therapeutic support we offer schools to help vulnerable children and their families in crisis which continues until the families no longer need that help. Over the past few years we have supported 14 children and their families at St Bede's and continue to provide support today to help make a difference. Mrs Bernadette Rizzi-Allan, Headteacher at St Bede's has said *"The Bungalow Partnership is an invaluable partner to St Bede's in the provision of support for the children who need it most. They have worked closely in supporting our most vulnerable children and families to help them to continue to access education successfully. Their skilled therapists and support workers have been invaluable in ensuring crises are dealt with swiftly and professionally. They ensure the partnership between the child, family and school is paramount, and that the child's mental health and wellbeing always remains the priority"*.

Rose Wood Academy raise funds



Tina Jackson (PSA) and the staff at Rose Wood Academy sponsored her husband, Dave and son Matthew who ran in the Edinburgh Festival Marathon 2016 and raised £145 on behalf of The Bungalow Partnership. The money has allowed us to purchase much needed materials which are used in our therapeutic support to help the children we work with in schools. Thank you for your generous donation.

Dave who works for Ashburn Wealth Management is also cycling 150 miles from the East coast to the West coast reaching the highest point at midday in the **Longest Day 'DAWN TIL DUSK' event on 21st June 2017** to raise funds for The Bungalow. If you would like to sponsor him please contact us for a sponsor form.



Therapist Spotlight

Ellen Brannigan joined The Bungalow Partnership in November 2014 with over eight years' experience in schools. Ellen carries out a diverse role here at The Bungalow Partnership, providing parenting support, mentoring and more recently therapeutic play for children and young people experiencing emotional difficulties. On any given day Ellen can be seen with her trolley of play materials visiting a number of children in a range of schools. Ellen also spends a lot of her time visiting parents at home to provide support, advice and guidance about the many challenges being a parent can pose. We are very fortunate to have Ellen as part of our team as she has extensive knowledge of local services and can signpost parents, school staff and the practitioners here at The Bungalow Partnership to external agencies and services. Anyone who has met Ellen will tell you that she's warm, dependable and thorough in supporting families to get the support that they need. She continues to study towards becoming a Play Therapist and in doing so provides the families supported by The Bungalow with a breadth of knowledge and guidance that meets the needs of both parents and children.

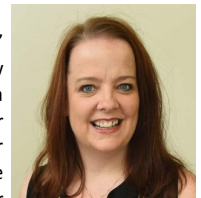
TFM's Cash for Kids



In November The Bungalow Partnership submitted a bid to TFM's Cash for Kids. We were successful and very pleased to be given a generous number of toys and games for vulnerable children who we are currently supporting. Some of these toys and games have already been distributed to children and one child said *"this is the best present I've had all Christmas"*. If schools have a child currently supported by the Bungalow Partnership who would benefit from a gift please let us know as soon as possible.

Anger Management

Sarah Atkinson, children's counsellor at The Bungalow Partnership has recently run a number of successful Anger Management group sessions for children and young people where angry behaviours affects their lives. Sarah has helped groups of children consider what triggers their anger, how it affects them day to day and how to cope when they feel angry. The sessions ran for one hour per week for eight weeks and the children learnt various techniques for dealing with their anger, how to take greater control of their emotions and begin to safely express their anger and experience how life changing this can be for them.



If you have children who you think would benefit from attending group sessions and would like further information then please contact The Bungalow Partnership.

FORTHCOMING EVENTS

THE BUNGALOW MEETINGS 1.30—3.00PM

Wednesday 1 March 2017

Wednesday 5 April 2017

More exciting articles overleaf

THERAPEUTIC ACTIVITIES

LEGO IN ANGER MANAGEMENT

The skills that legos develop

Lego provides hands-on tools that develop lateral thinking in a fun environment.


Communication and critical thinking

ABC
Improves literacy as kids work with instructions



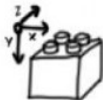
Improved creativity



Fine-motor development



Develop problem solving, organization and planning by construction

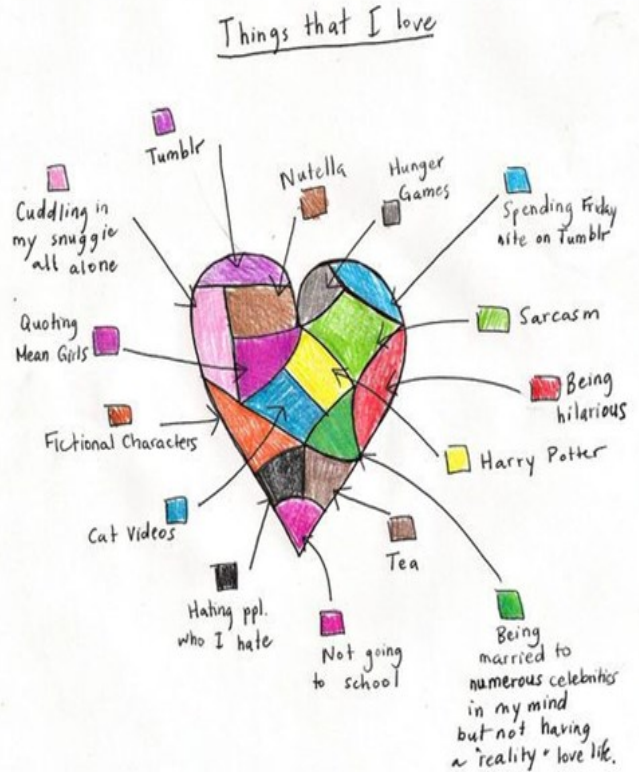


Teaches kids to think in three dimensions

Helping children learn to deal with anger healthily has many benefits. In the short term it stops anger from causing the child and their family distress. In the longer term, it helps them learn to solve problems and cope with emotions.

Therapeutic Art Activity

Art therapy helps children when they struggle to find the words because they are too angry or confused to know what they think. It gives them a voice to express their feelings without using words.



THOUGHT FOR THE TERM

“You can have anything you want—if you want it badly enough. You can be anything you want to be, do anything you set out to accomplish if you hold to that desire with singleness of purpose.”

Abraham Lincoln

PUZZLE SECTION

J D E T A T I R R I V H S G P E V O L
H A A I D E Y O N N A C U C D O D D Y
D D N S O R R O W M H I O H U D E E E
E E G G A R E I O E V N I T Y I L S L
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P P T V A Y N R A E U A U R U Q G R T
A E B L G V F E N S G O F W F U H E E
I R G O I U G T S E P H I Z V I T Y D
R A V L L A E L D S A E Q X V E E S S
I T X P R D A J A T X A R V N T D A E
R E L U F Y O J E A G G R A V A T E D
A B D E N R E C N O C R P V T I A N V
T D I S A P P O I N T E D A S E E U W
E X H I L I R A T E D G T F N X D O H
T I L U F R A E F U H R I P C I R T C
A D E N E T H G I R F E T I C R C V L
F U L F I L L E D D D T T H Y P P A H
E T A N O I S S A P R E R U S A E L P
B I N F U R I A T E D V D U O R P T

Brainteaser

ADVERB, CARBON, CHOICE, ERASED, SURVEY.
Which one of the following words belongs in the list above and why?
CRATER, INCOME, LATEST, LENGTH, SCENIC.

Answer: The second and fourth letters of each of the first set of words are consonants, so INCOME

WORD SEARCH

AGGRAVATED, ANGRY, ANGST, ANNOYED, ANXIOUS, CHEERFUL, CONCERNED, CONTENTED, DELIGHTED, DESIRE, DESPAIR, DESPERATE, DISAPPOINTED, DISQUIET, ELATED, EXASPERATED, EXCITED, EXHILARATED, FEARFUL, FRIGHTENED, FULFILLED, FURIOUS, FURY, GLAD, HAPPY, HATE, INFURIATED, IRATE, IRRITATED, JOYFUL, LOVE, OUTRAGED, PANIC, PASSIONATE, PLEASURE, PROUD, RAGE, REGRET, SADNESS, SATISFIED, SORROW, UNEASY, WORRY, WRATH

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9	8			2	4		
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4					3		